

**EL SEGUNDO UNIFIED SCHOOL DISTRICT
FAMILY RESOURCE GUIDE**

General Counseling Services

AGENCY	CONTACT	ADDRESS	WEB	INFO
South Bay Youth Project	310-372-7724 sbyp@redondo.org	320 Knob Hill, Room1 Redondo Beach	www.redondo.org	child and family counseling; adult counseling; parenting classes; youth activities
Project Touch	310-379-2797	710 Pier Ave Hermosa Beach		at risk teen and preteen counseling; group counseling; teen diversion; step-family services
South Bay Center for Counseling	310-414-2090 sbaycenter@sbcglobal.net	801 E. Carson St. Carson	www.sbaycenter.com	counseling for all ages; parent and family support; child abuse prevention and treatment
Didi Hirsch Community Mental Health Center	310-390-6612 310-390-8896	4670 S. Sepulveda Blvd Culver City	www.didihirsch.org	counseling, support groups, mental health, suicide prevention, parenting, child abuse prevention

Health Care

AGENCY	CONTACT	ADDRESS	WEB	INFO
South Bay Family Health Care Center	310-318-2521	2114 Artesia Blvd. Redondo Beach	www.sbfhc.org	health care (medical, dental, pediatric, prenatal) for low-income and/or uninsured families; free HIV testing
South Bay Free Clinic	310-376-0791	1807 Manhattan Bch Blvd. Manhattan Beach	www.palosverdes.com /freeclinic	general medical, pre/post-natal care, women's health, dental care, family planning, free HIV testing

Crisis Counseling

AGENCY	CONTACT	WEB	INFO
1736 Family Crisis Center 2116 Arlington Ave.#200 Los Angeles (admin ofc)	310-379-3620 24hr youth services hotline 310-370-5902 24hr dmstc violence hotline	www.1736familycrisiscenter.org	Immediate shelter; counseling for runaway and homeless youth, battered women and their children; 24 hour drop in emergency aid; teen counseling for at-risk youth.
California Youth Crisis Hotline	800-843-5200 24hr youth hotline	www.youthcrisisline.org	immediate crisis intervention targeting youth ages 12-24; referrals to local agencies
South Bay Rape Crisis Center	562-597-2002		immediate counseling for victims of rape or child abuse; referrals for counseling
Child Abuse Hotline	800-540-4000 24hr hotline		to report confirmed or suspected child abuse in LA County
Child Abuse Child Help Hotline	800-422-4453 24hr hotline	www.childhelp.org	hotline for victims of child abuse
Psychiatric Emergency Response Team	800-854-7771		immediate assistance provided to school staff in a psychiatric emergency

Substance Abuse Support

AGENCY	CONTACT	WEB	INFO
Al-Anon/Alateen	213-387-3158 wso@al-anon.org	www.alanonla.org	support groups for those whose lives have been affected by alcohol abuse
Alcoholics Anonymous	800-923-8722	www.alcoholics-anonymous.org	support groups aimed at helping adults recover from alcoholism
Narcotics Anonymous	800-TODAY-NA 310-372-9666	www.todayna.org	support groups for those whose lives have been affected by drug use
Cocaine Anonymous	310-559-5833 cawso@ca.org	www.ca.org	support groups for those whose lives have been affected by cocaine use
Thelma McMillen Center for Chemical Dependency Treatment at Torrance Memorial Medical Center	310-325-9110	www.torrancememorial.org	outpatient substance abuse treatment for teens and their parents; assessment, therapy, peer support and social activities to support recovery
County of Los Angeles Alcohol and Drug Program Administration	800-564-6600	www.lapublichealth.org/adpa	contracted prevention programs and referrals for treatment

Disability Services

AGENCY	CONTACT	ADDRESS	WEB	INFO
Westside Regional Center	310-258-4000 info@westsiderec.org	5901 Green Valley Circle Suite 320 Culver City	www.westsiderc.org	assessment, case management and support for persons with developmental disabilities
California Department of Rehabilitation – Bay Cities Branch	310-793-1157 (voice) 310-793-8610 (TTY)	15901 Hawthorne Blvd. Suite 110 Lawndale	www.dor.ca.gov	consultation, counseling, and vocational rehabilitation to develop independence for persons with disabilities
Social Security Administration	800-772-1213 (voice) 800-325-0778 (TTY)	6401 Security Blvd. Baltimore, MD 21235	www.ssa.gov/disability	financial assistance and insurance for low-income persons with disabilities